Definition of emotion: 3 characteristics associated with emotion

- Types of emotion:
  - primary vs. complex emotions
  - Universal emotions
  - Display rules & culture

- Physiological changes
  - Sympathetic vs. Parasympathetic activity
  - Polygraph: uses; problems

- Functions of Emotions:
  - Evolutionary Selection

Theories of Emotion

James-Lang:
  - Theory
  - Predictions
    - evidence (e.g., Ax experiment; patterns of activation; facial-feedback studies)

Cannon-Bard: How it differs from James-Lang

Schacter-Singer Two Factor Theory:
  - Predictions
    - Evidence: experiment details, results
  - Misattribution of Emotion: Dutton and Aron Expt; excitation transfer